



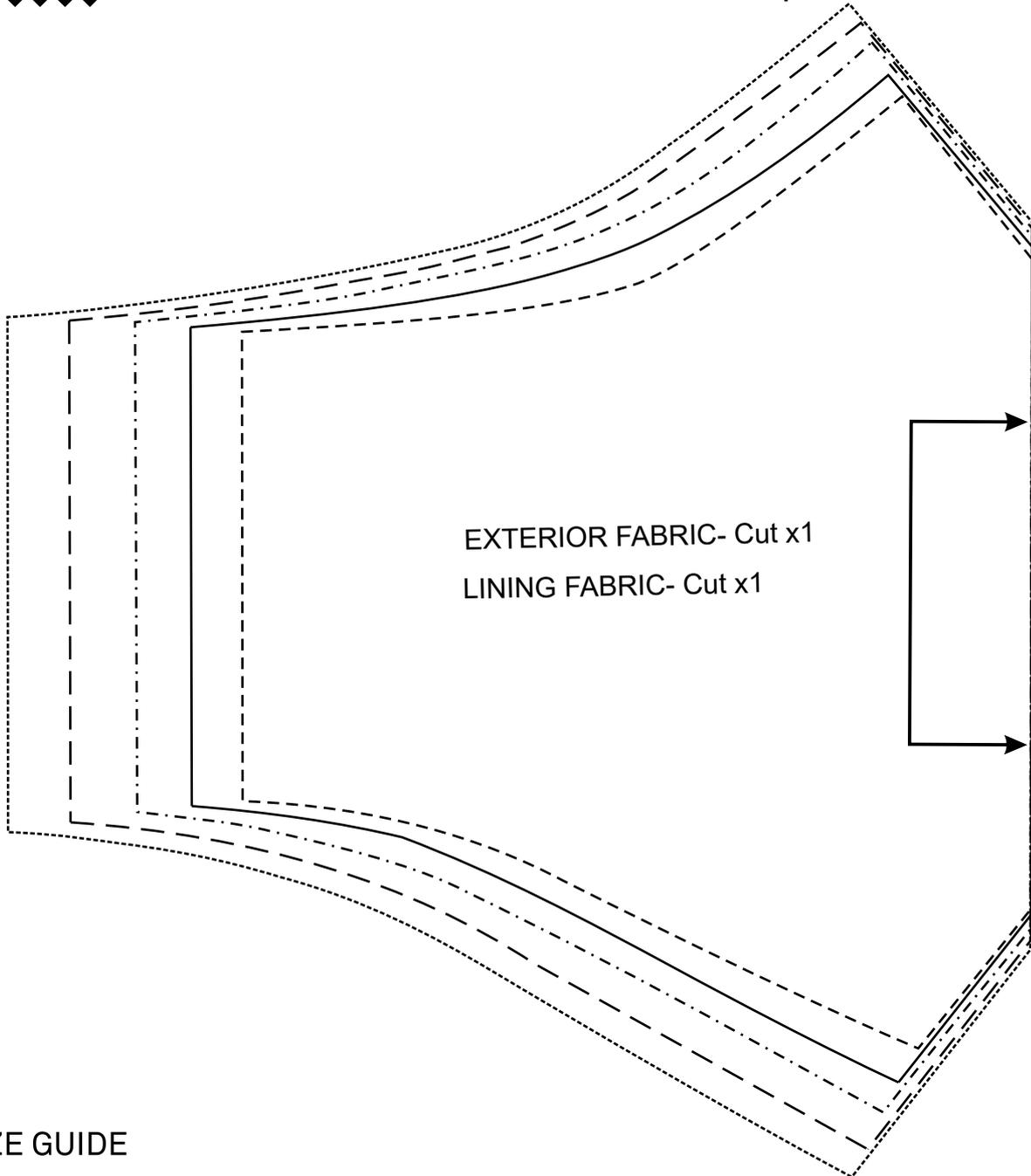
# #M3

Face Mask with Darts  
Mascarilla Pinzas  
Mundschutz mit Abnähern

Mascherina Pinze  
Masque bec de canard  
Masker Spieën



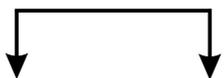
#smilewithyoureyes



## SIZE GUIDE

- X Small -----
- Small \_\_\_\_\_
- Medium -----
- Large -----
- X Large -----

**ENG:** All the instructions including sizes and how to make the face mask are available for free at [www.katia.com](http://www.katia.com)  
**ESP:** Todas las instrucciones sobre tallas y cómo confeccionar la mascarilla están disponibles gratuitamente en [www.katia.com](http://www.katia.com)  
**DE:** Alle Anleitungen zu den Größen und zur Anfertigung des Mundschutzes stehen kostenlos bei [www.katia.com](http://www.katia.com) zur Verfügung.  
**IT:** Tutte le istruzioni sulle taglie e su come realizzare la mascherina sono disponibili gratuitamente su [www.katia.com](http://www.katia.com)  
**FR:** Toutes les instructions concernant les tailles et la confection du masque sont disponibles gratuitement sur [www.katia.com](http://www.katia.com)  
**NE:** Alle instructies voor de maten en hoe het masker te maken, zijn gratis beschikbaar bij [www.katia.com](http://www.katia.com)



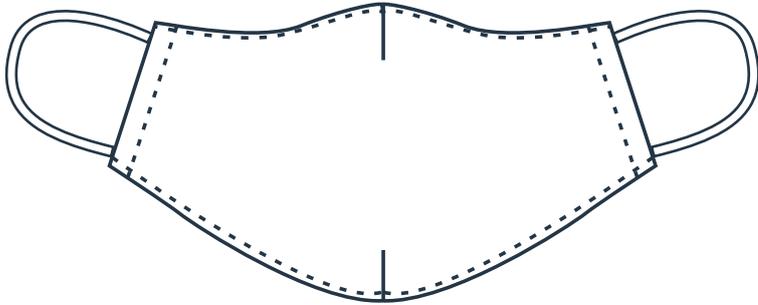
CUT ON FOLD / CORTAR A LOMO / COUPER AU PLI / TAGLIARE SULLA PIEGA/  
AFKNIPPEN OP VOUW / AN DER FALTLINIE SCHNEIDEN

1 cm (3/8") Seam allowances are included



# #M3 Face Mask with Darts

ENGLISH



## Materials:

-Cord or elastic tape for the sides of the face mask

## Making the face mask:

Select the size you want to make. The pattern is not complete (it is as it would be if you were to cut it out on the fold), so trace the other side by mirroring the shape to obtain the full pattern piece. Cut one piece for the exterior of the face mask and another for the face mask lining.

The 3/8" (1 cm) seam allowances and the side hem allowances are already included in the pattern.

1. Join each of the two central face mask darts, with the right sides of the fabric facing together, and sew each one at a distance of 3/8" (1 cm) from the edges.
2. Place the lining and exterior pieces together, with the right sides of the fabric facing together, and sew the face mask along the upper edge. Make small cuts in the curved parts of the seam allowance so it is more pliable and easier to work with.
3. Unfold and open out the face mask by at the upper edge so the wrong side of the fabric is facing towards you. Fold 3/8" (1 cm) of the side edges inwards two times to make a double hem then stitch along each side to fix the hems in place.
4. Turn the face mask to the right side, iron the upper edge and work a row of stitching along this edge to fix the seam in place.
5. Match the lining and exterior pieces together again, with the right sides of the fabric facing each other, and sew along the lower edge of the face mask. Make small cuts in the curved parts of the seam allowance so it is more pliable and easier to work with.
6. Turn the face mask out to the right side through one of the side openings. Work a row of stitching along the lower edge to fix the seam in place.
7. Cut two cords or pieces of elastic tape and insert the ends of the elastic through the face mask sides in between the exterior and lining layers. Before sewing, fix in place and try on for size. Adjust the length if necessary, then sew the ends of the elastic to the sides with a few stitches. When sewing down the ends of elastic, make sure that the sides remain open so a filter can be introduced inside the face mask if required.