SIZE GUIDE

X Small (3-5 years)  
Small (6-9 years)  
Medium (10-12 years)  
Large (Adult size)  

1 cm (3/8") Seam allowances are included
Face Mask with Darts
Mascarilla Pinzas
Mundschutz mit Abnähern
Mascherina Pinze
Masque bec de canard
Masker Spieën

ENG: All the instructions including sizes and how to make the face mask are available for free at www.katia.com
ESP: Todas las instrucciones sobre tallas y cómo confeccionar la mascarilla están disponibles gratuitamente en www.katia.com
IT: Tutte le istruzioni sulle taglie e su come realizzare la mascherina sono disponibili gratuitamente su www.katia.com
FR: Toutes les instructions concernant les tailles et la confection du masque sont disponibles gratuitement sur www.katia.com
NE: Alle instructies voor de maten en hoe het masker te maken, zijn gratis beschikbaar bij www.katia.com

SIZE GUIDE

X Small
Small
Medium
Large
X Large

1 cm (3/8") Seam allowances are included
#M1 Face Mask with Pleats

**ENGLISH**

**Materials required:**

- Cord / elastic strips: 2 pieces

Approximate cord/elastic strip measurements, try and adjust the material being used: Size 3-5 years: 4 3/8” (11 cm) / size 6-9 years: 4 3/4” (12 cm), size 10-12 years: 5 1/2” (14 cm), adult size: 6 1/4” (16 cm).

Elastic sizing guide, try on and adjust to required length.

- Malleable wire or metallic twist ties to adjust the upper part of the face mask.

**Making the face masks:**

1. Using the required pattern size: cut one side in the exterior fabric and the other in the lining fabric.

2. Make a 1/4” (0.75 cm) hem casing along the upper edge of the face mask on both the exterior and lining fabrics. Remember that we will insert the metallic twist tie through the upper edge of the hem casing to adjust the face mask. Pass the twist tie through the casing and cut it so it is a bit smaller than the width of the face mask and the side seams are free at each edge.

3. Attach the ends of the elastic strips to the upper and lower sides of the exterior fabric, leaving a space of 3/8” (1.5 cm) from the upper edge and 3/4” (2 cm) from the lower edge. Sew the elastic strips so they are facing inwards. Therefore, when the face mask lining is attached and the face mask is turned out to the right side the elastic straps will be on the outside.

4. Match the exterior and lining face mask pieces together with the right sides facing and sew around the contour: sew the sides and lower edge only. Leave the upper edge open so a filter can be inserted inside if necessary. Trim the interior corners a little, in diagonal, to reduce excess bulk at the seams. Turn the face mask out to the right side, the elastic strips will be on the outside.

5. Make the pleats in the position marked on the pattern. The adult face mask has three pleats and the children’s sizes have two pleats. Fold and iron the pleats towards the interior of the face mask. When ironing, take care to protect the elastic strips from the heat.

6. To finish, stitch the pleats in place with a row of stitching along the sides and lower edge.
#M3 Face Mask with Darts

**ENGLISH**

**Materials:**

- Cord or elastic tape for the sides of the face mask

**Making the face mask:**

Select the size you want to make. The pattern is not complete (it is as it would be if you were to cut it out on the fold), so trace the other side by mirroring the shape to obtain the full pattern piece. Cut one piece for the exterior of the face mask and another for the face mask lining.

The 3/8” (1 cm) seam allowances and the side hem allowances are already included in the pattern.

1. Join each of the two central face mask darts, with the right sides of the fabric facing together, and sew each one at a distance of 3/8” (1 cm) from the edges.

2. Place the lining and exterior pieces together, with the right sides of the fabric facing together, and sew the face mask along the upper edge. Make small cuts in the curved parts of the seam allowance so it is more pliable and easier to work with.

3. Unfold and open out the face mask by at the upper edge so the wrong side of the fabric is facing towards you. Fold 3/8” (1 cm) of the side edges inwards two times to make a double hem then stitch along each side to fix the hems in place.

4. Turn the face mask to the right side, iron the upper edge and work a row of stitching along this edge to fix the seam in place.

5. Match the lining and exterior pieces together again, with the right sides of the fabric facing each other, and sew along the lower edge of the face mask. Make small cuts in the curved parts of the seam allowance so it is more pliable and easier to work with.

6. Turn the face mask out to the right side through one of the side openings. Work a row of stitching along the lower edge to fix the seam in place.

7. Cut two cords or pieces of elastic tape and insert the ends of the elastic through the face mask sides in between the exterior and lining layers. Before sewing, fix in place and try on for size. Adjust the length if necessary, then sew the ends of the elastic to the sides with a few stitches. When sewing down the ends of elastic, make sure that the sides remain open so a filter can be introduced inside the face mask if required.
Find your size

Use the size chart to find the correct size.

<table>
<thead>
<tr>
<th>SIZE</th>
<th>FACE WIDTH</th>
<th>FACE LENGTH</th>
</tr>
</thead>
<tbody>
<tr>
<td>X Small (Little Kid)</td>
<td>8 3/4&quot; (22.2cm)</td>
<td>4 3/8&quot; (11.1cm)</td>
</tr>
<tr>
<td>Small (Kid)</td>
<td>9 1/2&quot; (24.1cm)</td>
<td>4 3/4&quot; (12.1cm)</td>
</tr>
<tr>
<td>Medium (Teen)</td>
<td>10 1/4&quot; (26cm)</td>
<td>5 1/8&quot; (13cm)</td>
</tr>
<tr>
<td>Large (Adult)</td>
<td>11&quot; (27.9cm)</td>
<td>5 1/2&quot; (14cm)</td>
</tr>
<tr>
<td>X Large (Adult)</td>
<td>11.75&quot; (29.9cm)</td>
<td>6&quot; (15.2cm)</td>
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</tbody>
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