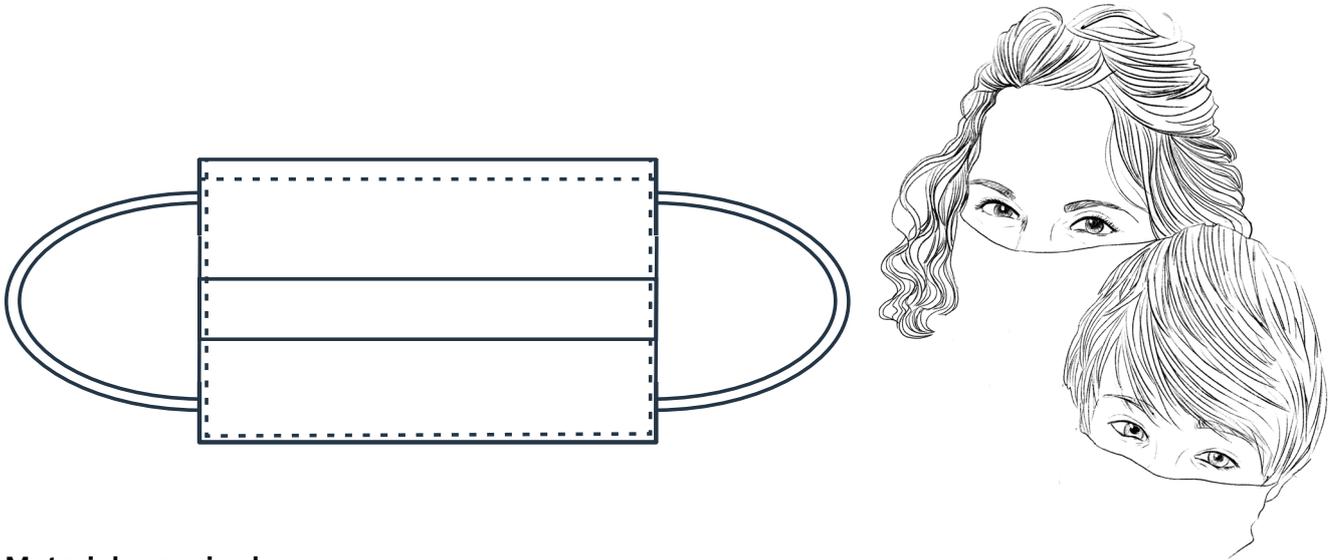




#M1 Face Mask with Pleats

ENGLISH



Materials required:

-Cord / elastic strips: 2 pieces

Approximate cord/elastic strip measurements, try and adjust the material being used: Size 3-5 years: 4 3/8" (11 cm) / size 6-9 years: 4 3/4" (12 cm), size 10-12 years: 5 1/2" (14 cm), adult size: 6 1/4" (16 cm).

Elastic sizing guide, try on and adjust to required length.

-Malleable wire or metallic twist ties to adjust the upper part of the face mask.

Making the face masks:

1. Using the required pattern size: cut one side in the exterior fabric and the other in the lining fabric.
2. Make a 1/4" (0.75 cm) hem casing along the upper edge of the face mask on both the exterior and lining fabrics. Remember that we will insert the metallic twist tie through the upper edge of the hem casing to adjust the face mask. Pass the twist tie through the casing and cut it so it is a bit smaller than the width of the face mask and the side seams are free at each edge.
3. Attach the ends of the elastic strips to the upper and lower sides of the exterior fabric, leaving a space of 3/8" (1.5 cm) from the upper edge and 3/4" (2 cm) from the lower edge. Sew the elastic strips so they are facing inwards. Therefore, when the face mask lining is attached and the face mask is turned out to the right side the elastic straps will be on the outside.
4. Match the exterior and lining face mask pieces together with the right sides facing and sew around the contour: sew the sides and lower edge only. Leave the upper edge open so a filter can be inserted inside if necessary. Trim the interior corners a little, in diagonal, to reduce excess bulk at the seams. Turn the face mask out to the right side, the elastic strips will be on the outside.
5. Make the pleats in the position marked on the pattern. The adult face mask has three pleats and the children's sizes have two pleats. Fold and iron the pleats towards the interior of the face mask. When ironing, take care to protect the elastic strips from the heat.
6. To finish, stitch the pleats in place with a row of stitching along the sides and lower edge.